

COVID-19 SAFETY FOR WORKERS

Keep yourself, your family and your community safe by following the instructions below



Stay home if you are sick or have any of these symptoms: fever, chills, sweats, cough, sore throat, shortness of breath, runny nose, change of sense of smell or taste



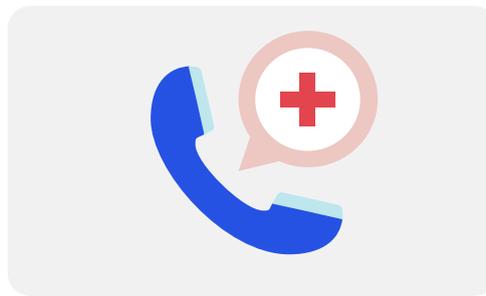
Get tested for COVID-19 for free if you feel any of the symptoms and self isolate at home. Visit coronavirus.vic.gov.au/translations for testing locations



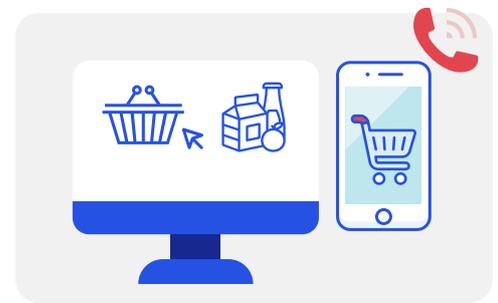
Self isolate or quarantine means you must stay at home until you are advised by DHHS it is safe to leave. Contact your doctor if you need medical assistance



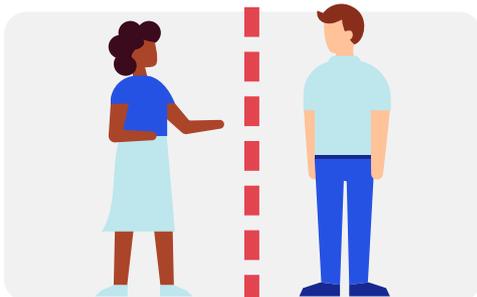
If you feel unwell at work, leave work, notify your manager and go straight home



Call 000 if there is an emergency



If you are self isolating or in quarantine and need food or personal items call the DHHS hotline on 1800 675 398



If you have been in close contact with a person with COVID-19 you should get tested, tell your manager and quarantine at home



Quarantine at home is usually for 14 days but can change, always check with DHHS first



If you leave home while isolating or quarantining without permission **you may be issued with a fine**



Reach out for help

For more information & advice call the COVID-19 hotline on **1800 675 398**. Dial '0' first if you need a translator.

See the **WHO TO CONTACT** pages for where to access **free & confidential support services**.